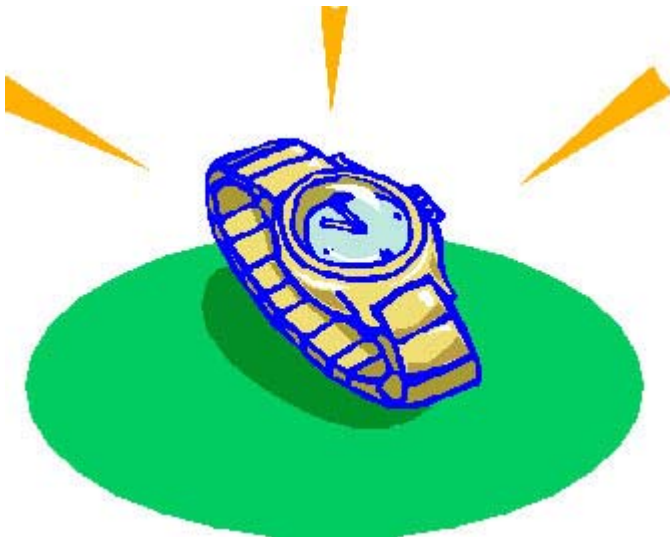




"Love All, Serve All"

The World's Best W.A.T.C.H.



Which W.A.T.C.H.

Unlike the watch on your wrist which occasionally needs repair, the following watch will never let you down:



Why a W.A.T.C.H.?

Wrist watches merely tell time but the world's best watch tells us how to make proper use of our time (our life).



Watch your Words



- ◆ Words can spread love and joy or cause hatred and anger.
- ◆ Words can inspire and uplift or cause pain and sadness.

"Speak sweetly to everyone... harsh words hurt and come back to the speaker."

Buddha

- ◆ Avoid falsehood, abusive language and speaking ill of others.
- ◆ Speak the truth, but remain silent when the truth will hurt.

"The noble minded say little but achieve much."

Confucius

Watch your Actions

- ◆ It is said: "Actions speak louder than Words."
- ◆ All knowledge and wealth is useless if one's actions are bad.



- ◆ Make your life a success, follow the guiding principles:

**“Love All, Serve All”
“Help Ever, Hurt Never”**

- ◆ As you Sow, so shall you Reap.

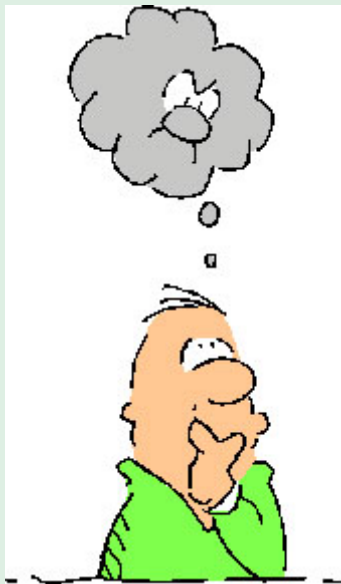
Watch your Thoughts

“Man’s bad or good fortune is related to his thoughts.”

Sathya Sai Baba

- ◆ Remove greed, anger, jealousy, hatred and lust from your thoughts.
- ◆ Only with pure thoughts will you have loving words and helping deeds.

- ◆ Practice unity of thought, word and deed, so that you say what you think, and you do what you say.



Watch your Character

- ◆ The end of education is character. If money is lost it can be earned again, but if character is lost, all is lost.
- ◆ Learn from and follow people of great character.



“Only when character is cultivated are our families regulated.”

Confucius

Watch your Heart

- ◆ God resides in your heart. Keep it clean and pure.
- ◆ Inner beauty is more important than outer beauty.
- ◆ Fill you heart with eternal values like compassion, forgiveness, respect for elder, etc.

“Compassion is the pillar of world peace.”

Dalai Lama

Use this W.A.T.C.H.

Let this W.A.T.C.H. guide you everyday so that your life is perfect.

“Be a perfect gentleman full of love, goodness, humanity and human heartedness.”

Confucius



“Good Conduct alone is our real wealth.”

Sathya Sai Baba

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